

## JOG THE BOG & BEACH 10K & 5K RUN / 3K WALK 9:00 AM, Sunday, October 13, 2019 Grayland Community Hall 2071 Cranberry Rd. Grayland, WA 98547

**Location/Course**: The race will start and finish at the Grayland Community Hall, a country block off Hwy 105 at Grange Rd, Grayland, WA. The race is a combination of Pacific Ocean beach and roads through the Cranberry Bogs.

**Registration Forms:** www.ComeToWestport.com - Calendar of Events for registration forms and information.

**Registration**: Advance entry fee \$15 - Pre-register: by mail to WGCOC, PO Box 306, Westport, WA 98595 OR on Saturday, October 12<sup>th</sup> from 2 PM to 4 PM at the Cranberry Harvest Festival in the Grayland Community Hall. Also, race participant packets with commemorative T-shirts and race numbers can be picked up Saturday the 12<sup>th</sup> from 2 PM - 4 PM.

Race Day entry fee \$20 – Register on Sunday, October 13, 2019 beginning at 7:00 AM in the Grayland Community Hall. Race participant packets with commemorative T-shirts and numbers can be picked up at this time. Proceeds will support the Ocosta High School Booster Club.

Please make checks payable to: Westport/Grayland C of C

P.O. Box 306

Westport, WA 98595

**Awards**: Trophy for Overall Winner in each Men's and Women's Categories

Trophy for Top Youth - 18 and under

Trophy for Top Family - At least 3 members, one must be a parent.

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Event T-Shirt (please circle one) Adult Shirt	Size: M L XL 2XL Youth shirt size: M L	
Race: (Check one) □10K Run □5K Run	□3K Walk <b>Sex</b> MF <b>Age</b>	
Name:	First	
	_ City: State: Zip	
Phone: (Work) (Home)	(E-mail)	_
this race, assume all risks incident to my par quately trained for this event. I hereby, for m waive and release all rights and claims for de Commerce, or any organization in whose gro	icipation: I, the undersigned, being apprised of the conticipation in this race. Further, I hereby represent to hayself, my organization, my heirs, executor, and adminiamages I may have against the Westport/Grayland Chounds this activity is being held, and my instructors or permands, or injuries received in participating in this race	ave ade- strators, amber of persons of
Participant's Signature	Date:	
Parent/Guardian's Signature (if under 18)	Date:	